



## **Attention Summer School Class Notice**



All graduating and returning players, new recruits, and high school new athletes (17 and over) are encouraged to take Coach Featherstone's Advanced Techniques and Strategies class beginning July 9 and ending August 2. The class will meet on Tuesdays and Thursdays on campus, from 6:50 to 10:40 p.m. All participants will receive 1.0 unit of college credit for this class. The class meets in the main gym on campus. The sessions will include a plyometric-weight training component along with on-court drills and competition.

**Contact:** Grossmont Admissions & Records Office to enroll in ES 231 – Section 6920.

<b>Costs:</b> College Credit:	\$20.00 (Class fee)	* <u>Non-resident students</u> * - listed fees plus \$156.00
Parking	18.00	Total: \$205.00
Health Fee	<u>11.00</u>	<i>This would apply to out-of-state student-athletes wishing to spend a summer month in San Diego.</i>
Total:	\$49.00	

- High School Credit: \$18.00 (Parking only)

**All high school players need to complete a HS/CC enrollment authorization form to be obtained at Grossmont Admissions or from Coach Featherstone.**

**Note:** Any athlete who has completed their Sophomore year is eligible to take this class!!

## **Grossmont College Griffin Men's Volleyball Update**

The Grossmont College men's volleyball team just completed the 2007 season with a trip to the State Regional Playoffs for the thirteenth time since 1990.

The Griffs finished the season with an overall mark of 13-5 and a 9-3 Pacific Coast Conference record, just one victory out of first place.

Grossmont lost 18-16 in the 5<sup>th</sup> game against Irvine Valley on the road to determine the conference champion. The Griffs then headed to L.A. Pierce for the regionals and were defeated 30-16, 33-31, 34-32. In this contest, Grossmont was in position to win both games two and three, but Pierce made the plays down the stretch.

Jimmy and Armando Lopez were selected to the All Conference First Team, and Andy Frontz, Travis Lee, and Tyler Schielke were voted onto the Second Team.

Numbering ten players total, Coach Featherstone states that he thought this year's team was one of the best he's coached during a long, eighteen year career . . . "This team was special; they hit .340 as a team, won a lot of tough, hard-fought matches, and was so close to winning a conference championship . . . They will be tough to replace."

In spite of the bitter-sweet ending to the year, Coach Featherstone was rewarded by the Pacific Coast Conference for his coaching efforts by being named Pacific Coast Conference – All Sports – Coach of the Year for 2006-2007. "I am so appreciative of the award," said Coach Featherstone, "but all the credit goes to this wonderful group of young men who overcame many obstacles to achieve a miraculous season."